
Ken Dychtwald, PhD Career Highlights

- 1974** Co-founded the Holistic Health Council, which evolved into both the SAGE project, co-directed by Ken for five years, and the wider worldwide holistic health movement.
- 1977** Authored *Bodymind*, which is still in print in 12 languages.
- 1981** Co-authored the book *Millennium: Glimpses Into the 21st Century*. Collaborators included Carl Rogers, Jonas Salk, Timothy Leary, and Alberto Villoldo.
- 1982** Served as an advisor to the Office of Technology Assessment, U.S. Congress. Conducted a forward-looking project focused on how the aging of the population would alter America in the 21st century. Work team included Robert Butler, Maggie Kuhn, Tuck Finch, Robert Binstock, and Paul Kerschner.
- 1985** Produced the six-part audio learning system *High Performance Living*.
- 1986** Wrote the book *Wellness and Health Promotion for the Elderly*. Collaborators included Robert Butler, James Fries, Nathan Pritikin, and Robert Kane.
- 1986** Coined the phrase “age wave” and then founded Age Wave, Inc., the world’s first and foremost think tank/consultancy focused on the challenges and opportunities of a maturing society and marketplace.
- 1986** Co-authored *The Role of the Hospital in an Aging Society* book/report/guide.
- 1987** Produced and hosted the 20-part, multimedia medical education program *Caring for an Aging Society*.
- 1988** Produced and hosted the PBS documentary special *Toward a New Image of Aging*.
- 1989** Coined the term “eldercare” and co-authored the first two books on the subject: *Implementing Eldercare Services* and *New Directions in Eldercare Services*.
- 1989** Co-authored the book *Age Wave: The Challenges and Opportunities of an Aging Society*, which is still in print in numerous languages.
- 1990** Featured on the cover of *Inc. Magazine* for a groundbreaking feature story entitled “Redesigning America.”

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- 1991** Coined the term “middlescence” and was retained by CBS television and Time, Inc. to present a solo landmark conference on “The Shifting American Marketplace: Middlescence and Beyond” to their 2,000 top advertisers.
- 1992** Conceived, co-wrote, and co-hosted with Charles Osgood, the two-hour CBS primetime special *The Age of the Future*.
- 1993** Coined the term “healthy aging” and, in partnership with Merck, envisioned, created, and directed the Alliance for Healthy Aging, a consortium of 50 health insurers nationwide seeking to better meet the medical needs of an aging nation.
- 1995** Served as a delegate and featured presenter at the White House Conference on Aging.
- 1995** Delivered a keynote presentation and participated in a panel with Robert Butler, Betty Friedan, and Fernando Torres Gil on “The Future of Aging” at the annual conference of the American Society on Aging.
- 1996** Received the American Society on Aging award for “outstanding national leadership in the field of aging.”
- 1998** Featured presenter at the Business Council annual meeting. Presented to the Chairs and CEOs of America’s 100 largest and most powerful corporations.
- 1998-** Featured presenter at the World Economic Forum in Davos, Switzerland for three consecutive
- 2000** years. Presentations included: “Active Ageing: The Challenges and Opportunities of the Coming Age Wave,” “New Developments in Biotechnology and Healthcare,” with Drs. Mehmet Oz and Dean Ornish, and “The Growth and Opportunities of the Mature Market.” Also addressed both the travel and food/beverage governors on “How the Age Wave Will Transform the Marketplace, the Workplace, and Our Lives.”
- 1998** Conceived the *Ageless Heroes* PBS special and national award program, sponsored by Blue Cross and Blue Shield. Co-chaired the awards presentation with President George H. Bush. Served as a national media spokesperson.
- 1999** Authored *Age Power: How the 21st Century Will Be Ruled by the New Old*.
- 1999** Authored *Healthy Aging: Challenges and Solutions*. Collaborators included Robert Butler, Gene Cohen, Uwe Reinhardt, Fernando Torres Gil, and John Farquahar.
- 2000** Chosen by Peter Jennings and ABC News to serve as the global expert on demographic shifts for the new millennium on New Year’s Day during ABC’s acclaimed worldwide Y2K media coverage.

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- 2001** Oversaw and disseminated the groundbreaking study *Re-Visioning Retirement* about the past, present and future of retirement in conjunction with SunAmerica.
 - 2001** Delivered the feature presentation at the International Monetary Conference to the central and top-level bankers from 70 countries around the world.
 - 2002** Featured presenter to 15,000 human resource professionals at the Society for Human Resource Management global conference on "The Future of Work."
 - 2002** Featured as the cover story for the *Society for Human Resource Management's Magazine*.
 - 2003** Featured on *60 Minutes* in a special report on "The Age Wave."
 - 2003** Honored by *American Demographics* magazine as "the country's most influential marketer to aging Baby Boomers over the past quarter century."
 - 2004** Conducted a comprehensive examination, *Demography Is De\$tiny*, regarding population and demographic changes, generational worker attitudes and behaviors, and company best practices in partnership with The Concours Group and 30 leading global corporations.
 - 2004** Testified before the Senate Committee on Aging with Fernando Torres-Gil and John Glenn on "How the Aging of the Boomers Will Impact the Labor Markets," with Honorable John Breaux presiding.
 - 2004** Co-authored "It's Time to Retire Retirement" in the *Harvard Business Review* and won the first place McKinsey Prize as the best article of the year.
 - 2004-** Served as senior advisor on global aging to the Chairman of HSBC and oversaw groundbreaking
 - 2006** study, *The Future of Longevity and Retirement*, in 20 countries. Served as an international media spokesperson. The initiative garnered unprecedented global attention and received the UK's Prestigious Charter Institute of Public Relations Excellence in Corporate Communications Award.
 - 2005** Conducted *The New Employee/Employer Equation* study to develop a deeper understanding of the factors that impact worker engagement, in partnership with The Concours Group and 30 leading corporations. Served as a national media spokesperson.
 - 2005** Featured in a *Fortune Magazine* profile, "The Pitchman for the Gray Revolution."
 - 2005** Served as a delegate and featured presenter at the White House Conference on Aging focused on "The Past, Present, and Future of Aging and Retirement."

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- 2005** Featured presenter at the Financial Services Roundtable annual meeting, the premier executive forum for leaders of the U.S. financial services industry.
- 2005** In conjunction with Bank of America Merrill Lynch, oversaw and disseminated a groundbreaking national study, the *Merrill Lynch New Retirement* survey, which revealed how Baby Boomers envision their retirement and the coming decades of their lives. Served as a national media spokesperson.
- 2005** Co-authored the book *The Power Years: A User's Guide to the Rest of Your Life*.
- 2005** Received the Infinity Award, the American Academy of Anti-Aging Medicine's highest honor, for his "achievement, devotion, and foresight in helping to advance a new perspective on the socio-economic implications of aging."
- 2005** Collaborated with Allianz Life Insurance Company of North America and Harris Interactive to conduct the most comprehensive study to date on intergenerational wealth transfer, *The American Legacies* study. Served as a national media spokesperson.
- 2005** Co-authored the book *Leaving a Legacy*.
- 2005-** Served as editorial director and lead writer of the ongoing special section on "The Power Years" **2006** in the *New York Times Sunday Magazine*.
- 2006-** Served as Yahoo's first retirement columnist.
- 2007**
- 2006** Co-authored the book *Workforce Crisis: How to Beat the Coming Shortage of Skills and Talent*.
- 2006** Designed and oversaw the landmark study *TV Land's New Generation Gap* to develop a new understanding of how aging Boomers relate to media, entertainment, and advertising. Served as a national media spokesperson.
- 2006** Delivered a keynote address at News Corporation's Global Executive Management Conference; other keynote speakers included Bill Clinton, Tony Blair, Al Gore, and Bono.
- 2006** Envisioned and conducted *The New Retirement Mindscape* study, in conjunction with Ameriprise Financial, which was the world's first study to map out and name the five stages of retirement: imagination, anticipation, liberation, reorientation, and reconciliation. Served as a national media spokesperson.
- 2006** Collaborated with Allianz to design, conduct, and disseminate a landmark research initiative, the *Allianz Women, Money, and Power* study, to better understand women's emerging new relationship with money and investing.

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- 2007** Featured presenter at the U.S. Chamber of Commerce “Committee of 100” meeting attended by the heads of 100 leading national/international associations.
 - 2007** Produced, co-wrote, and hosted the two-hour PBS special *The Boomer Century: 1946-2046*, which aired more than 2,000 times.
 - 2008** Conducted and disseminated a comprehensive four-generation study on retirement and how each generation feels about the others, in conjunction with Charles Schwab, titled *Rethinking Retirement: Four American Generations Share Their Views on Life’s Third Act*. Served as a national media spokesperson.
 - 2008** Featured presenter to 5,000 financial professionals at the Million Dollar Roundtable global conference.
 - 2008** Co-authored *Gideon’s Dream: A Tale of New Beginnings*, an illustrated children’s book about metamorphosis and transformation in adult life. Published in English and Chinese.
 - 2009-** Served as a writer/blogger for the *Huffington Post*.
 - 2017**
 - 2009** Co-authored *With Purpose: Going from Success to Significance in Work and Life*. Released in paperback in 2010 as *A New Purpose: Redefining Money, Family, Work, Retirement and Success*.
 - 2009** In partnership with SunAmerica, oversaw a timely national survey, *Retirement at the Tipping Point: The Year That Changed Everything*, to learn how recent economic disruptions had altered people’s retirement-related hopes, worries, and needs. Served as a national media spokesperson.
 - 2010** Delivered the keynote presentation and chaired a panel of leading national experts, including Robert Butler, Tom Nelson, and Mae Carpenter, on “The Aging of America: Triumph or Tragedy?” for the joint conference of the American Society on Aging and National Council on Aging.
 - 2010** Collaborated with Genworth Financial to better understand the impact of increased longevity on long-term care preparation. Oversaw both the *America Talks: Protecting Our Families’ Financial Futures* study and the *Our Family, Our Future: The Heart of Long-Term Care Planning* survey. Served as a national media spokesperson.
 - 2010** Delivered an executive briefing on “How the Age Wave Will Transform Health and Healthcare” for the American Medical Association Board of Trustees.
 - 2010** Co-authored the *New York Times* op-ed “The Age of Alzheimer’s” with Supreme Court Justice Sandra Day O’Connor and Nobel Laureate Stanley Prusiner, MD. The article was republished and reposted more than 50,000 times within one week.

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- 2010** Oversaw a national study, *Health and Wealth Planning for Retirement*, in conjunction with LPL Financial and UnitedHealthcare.
 - 2011** Became a trustee for the American Society on Aging.
 - 2011** Presented at the annual G100 meeting for Jack Welch and a private group of corporate CEOs on “The Age Wave: Challenge or Opportunity?”
 - 2011** Selected by J. Walter Thompson as the leading national expert on “positive aging” and featured in their *Top 10 Trends for 2012* report.
 - 2011** Appeared on the cover of *Investment Advisor* and was the subject of the feature article focused on the past, present, and future of retirement.
 - 2011** Profiled in a feature article in *Forbes Magazine* “The Prophet of the Coming Aging Boom.”
 - 2011** Oversaw a vast study examining how the last decade has altered retirement, entitled *Re-Visioning Retirement*, in partnership with SunAmerica Financial Group. Served as a national media spokesperson.
 - 2011** Wrote an extensive report on the five changes needed to cure our aging healthcare system featured in *CARING Magazine* entitled “Riding the Age Wave: How Health Care Can Stay Afloat.”
 - 2011** Oversaw the landmark study *The Five Myths and Realities of Continuing Care Retirement Communities* in conjunction with Vi, a leader in senior living. Served as a national media spokesperson.
 - 2011** Delivered the keynote presentation and chaired a panel of leading national experts, including Meryl Comer, Harry Johns, and Stanley Prusiner, MD, on “We Must Stop Alzheimer’s by 2020: The Need for a New Era of Geri-Activism” for the joint conference of the American Society on Aging and the National Council on Aging.
 - 2012** Served as interviewer and expert in a documentary entitled *The Arc of Life* with renowned religious scholar Dr. Huston Smith focused on aging, death, and beyond.
 - 2012** Gave a briefing on Capitol Hill focused on “The Age Wave: Triumph or Tragedy? Four Critical Course Corrections Needed for a Century of Successful Aging.”
 - 2012** Delivered the keynote presentation and chaired a panel of leading national experts, including Arianna Huffington, Gail Sheehey, Fernando Torres-Gil, and Rhonda Randall, on “How the Boomers Will Transform Aging and How Aging Will Transform the Boomers” for the joint conference of the American Society on Aging and National Council on Aging.

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- 2012** Participated in the Milken Global Congress and presented on “The Longevity Economy: An Aging Population Creates Market Opportunity.”
 - 2013** Became Senior Advisor to the G100, a private group of chief executives of the world’s largest and most significant companies, with a special focus on how demographic shifts will impact both the workplace and the marketplace.
 - 2013** Second-time winner of the American Society on Aging Award for outstanding national leadership in the field of aging. First received this award in 1996.
 - 2013** Oversaw the pivotal retirement study *Americans’ Perspectives on New Retirement Realities and the Longevity Bonus*, in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson.
 - 2013** Oversaw the seminal national study *Family & Retirement: The Elephant in the Room* in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson.
 - 2013** Delivered the keynote presentation “Travel Re-Imagined” to 4,000 luxury travel professionals at Virtuoso Travel Week.
 - 2013** Delivered the keynote presentation and chaired a panel of leading national experts, including Joe Coughlin, Jo Ann Jenkins, Fernando Torres-Gil, and Rhonda Randall, on “The Future of Aging” for the annual conference of the American Society on Aging.
 - 2014** Oversaw the landmark study *Work in Retirement: Myths and Motivations* in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson.
 - 2015** Named by *Investment Advisor* magazine as one of the top 35 influential people in the field of financial services in the last 35 years, alongside Warren Buffet, Alan Greenspan, John Bogle, and Charles Schwab.
 - 2015** Oversaw the landmark study *Health and Retirement: Planning for the Great Unknown* in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson.
 - 2015** Keynoted the American Society on Aging’s annual conference on “Maturity Reimagined.”
 - 2015** Oversaw the landmark study *Home in Retirement: More Freedom, New Choices* in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson.
 - 2015** Profiled in the *Retirement Advisor* cover story “Aging in America.”
 - 2015** Oversaw the landmark study *Giving in Retirement: America’s Longevity Bonus* in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson.

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- 2015** Chosen as an inaugural member of the Milken Institute Center for the Future of Aging Advisory Board.
 - 2016** Oversaw the landmark study *Leisure in Retirement: Beyond the Bucket List* in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson.
 - 2016** With his wife Maddy Dychtwald, received the Esalen Prize for “their contributions to advancing the human potential of aging men and women worldwide.”
 - 2016** Named by *PBS/Next Avenue* as one of the top Influencers in Aging for his “exceptional contributions to redefining the aging of America.”
 - 2017** Oversaw the landmark study *Finances in Retirement: New Challenges, New Solutions* in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson. This suite of eight studies garnered more than ten billion media impressions.
 - 2017** Led the Alzheimer’s XPRIZE team to achieve top scores at the 2017 XPRIZE Visioneers Summit, earning the opportunity to globally crowdsource a new 21st century approach to ending Alzheimer’s disease.
 - 2017** Oversaw the national study *The Journey of Caregiving: Honor, Responsibility and Financial Complexity* in conjunction with Bank of America Merrill Lynch. Served as a national spokesperson.
 - 2018** Oversaw the landmark study *Women and Financial Wellness: Beyond the Bottom Line* in partnership with Bank of America Merrill Lynch.
 - 2018** Oversaw the national study *The Financial Journey of Modern Parenting: Joy, Complexity and Sacrifice* in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson.
 - 2018** Envisioned and produced *Lifestage Navigation*, a nine-hour, accredited training program to help financial professionals better meet clients’ needs at every stage of life. This program was the recipient of numerous awards for its innovative style and unrivaled content.
 - 2018** Received the Inspire Award from the International Council on Active Aging for his “exceptional and lasting contributions to the active-aging industry and for his efforts to make a difference in the lives of older adults globally.”
 - 2018** Oversaw the national study *Widowhood and Money: Resiliency, Responsibility and Empowerment* in conjunction with Bank of America Merrill Lynch. Served as a national spokesperson.
 - 2018** Presented at the annual G100 meeting for a private group of corporate CEOs on “Aging & Longevity: The Most Consequential Issues Facing Business.”

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- 2019** Appointed the Chair of the Alzheimer's XPRIZE, serving as one of the lead spokespersons for the prize, providing strategic guidance and subject matter expertise.
 - 2019** Oversaw the national study *Early Adulthood: The Pursuit of Financial Independence* in partnership with Bank of America Merrill Lynch. Served as a national media spokesperson.
 - 2019** Appointed to the XPRIZE Board of Trustees, helping to guide the global mission and vision of the XPRIZE organization.
 - 2019** Appointed to the UsAgainstAlzheimer's distinguished Leadership Council.
 - 2019** Received the Global Visionary Award from the American Academy of Anti-Aging Medicine for "unrelenting commitment to imagining a future filled with health, longevity and purpose for all."
 - 2020** Co-authored the book *What Retirees Want: A Holistic View of Life's Third Age*, which became an Amazon #1 bestseller in both the retirement and business marketing categories.
 - 2020** Oversaw the North American study *The Four Pillars of the New Retirement* in partnership with Edward Jones. Served as a national media spokesperson. The study garnered more than two billion media impressions.
 - 2020** Served as a founding member of OneShared.World and helped to craft and promote the International Declaration of Interdependence, which was co-created by individuals from 23 countries on five continents.
 - 2020** Received the Boldy Award from Growing Bolder Media for "smashing stereotypes, confronting ageism and honoring the power and possibility of aging."
 - 2020** Keynoted the U.S. Chamber of Commerce Fast Forward conference on "The Four Pillars of the New Retirement."
 - 2020** Received the first Pioneers Award from the Retirement Coaches Association.
 - 2020** Profiled in a major feature story in the *New York Times* on "Rethinking Retirement."
 - 2020** Created and starred in the public television special *Life's Third Age*.
 - 2021** Presented "The Age Wave: Managing Age Diversity and a Graying Workforce" for the Microsoft Include 2021 Diversity and Inclusion event. The event was viewed by more than 50,000 Microsoft employees and other interested parties.
 - 2021** Keynoted the Lincoln Financial national virtual event on "The New Long-Term Care Equation: The Changing Roles of Money, Love, Family & Dignity."

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- 2021** Moderated and participated in a panel for the American Society on Aging Annual conference on “The Future of Aging and Aging Services: Navigating Toward a New Era of Hope, Health, Purpose and Equity” with Fernando Torres-Gil, Kathy Greenlee, and Ai-jen Poo.
 - 2021** Released his memoir *Radical Curiosity: One Man’s Search for Cosmic Magic and a Purposeful Life*, an Amazon #1 New Release in the psychologist biographies category.
 - 2021** Keynoted the Manulife 2021 Circle of Excellence conference on “The Longevity Revolution and the Rise of Life’s Third Age.”
 - 2021** Oversaw the timely study *The Four Pillars of The New Retirement: What a Difference a Year Makes* in partnership with Edward Jones. Served as a national media spokesperson.
 - 2021** Participated in the Milken Institute Center for the Future of Aging “Future of Retirement” roundtable.
 - 2021** Participated in a panel on Eradicating Ageism with Terry Fulmer, Nathaniel Kendall-Taylor, Phyllis Meadows, and Sarita Mohanty to 10,000+ attendees for the Virtual Health Equity Summit.
 - 2021** Conceived and hosted the innovative new American Society on Aging series “The Legacy Interviews,” featuring interviews with twelve legendary pathfinders from the field of aging, including Paul Nathanson, Imani Woody, Linda Fried, Jenny Chin-Hansen, Larry Curley, Kathy Greenlee, Fernando Torres-Gil, Jeannette Takamura, Percil Stanford, Terry Fuller, Marc Freedman, and John Rowe.
 - 2021** Presented at the National Indian Council on Aging Conference on “The Longevity Revolution and the Rise of Life’s Third Age.”
 - 2021** Became a senior advisor to and business partner with Growing Bolder, a multichannel media platform committed to transforming the world’s view about the potentialities of maturity.
 - 2021** Keynoted the North American Mature Publishers Association annual conference on “The New Longevity Economy: Tomorrow’s Biggest Opportunities Are Hiding in Plain Sight.”
 - 2021** Participated in a presentation with Steve Gresham for the Money Management Institute on “Why the Retirement Wave will Forever Alter Financial Services and Cause the Rise of Financial Planning 2.0.”
 - 2021** Presented at the Metabesity 2021 conference in conjunction with Nir Barzilai, MD, Director, Institute for Aging Research, Albert Einstein College of Medicine and Matt Kaeberlein, PhD, Director, Healthy Aging and Longevity Research Institute, University of Washington on “From Frailty to a Healthy 150+ Could/Should We REALLY Live Better and Longer?”

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- 2021** Keynoted the Association of National Advertisers Multicultural Marketing and Diversity Conference on “The Rise of History’s Biggest Untapped Market and, it’s Hiding in Plain Sight.”
 - 2022** Keynoted an AmeriLife conference on “Re-visioning Retirement: New Timing, New Purpose, New Planning, New Funding.”
 - 2022** Keynoted the Well Characterized Biotechnology Pharmaceuticals 2021 Symposium on the Interface of Regulatory and Analytical Sciences for Biotechnology Health Products on “The Future of Health, Medicine, Aging and Longevity in a Post-COVID World.”
 - 2022** Oversaw the study *Longevity and the New Journey of Retirement* in partnership with Edward Jones. Served as a national media spokesperson.
 - 2022** Co-edited *Sages of Aging: A Guide for Changemakers* based on the interviews he conducted for the American Society on Aging series “The Legacy Interviews.”
 - 2022** Presented a webinar for the Focused Ultrasound Foundation on “The Future of Health, Medicine, Aging and Longevity.”
 - 2022** Keynoted Oaktree Capital conference on “The Age Wave: How Longevity Transforms the Marketplace, the Workplace and Our Lives.”
 - 2022** Keynoted the Next Chapter Rockin’ Retirement conference on “Longevity and the New Journey of Retirement.”
 - 2022** Keynoted the What’s Next? Longevity Venture Summit conference on “The Longevity Economy 3.0 Tomorrow’s Biggest Opportunities are Hiding in Plain Sight.”
 - 2022** Keynoted a Washington University conference on “Longevity and the New Journey of Retirement.”
 - 2022** Keynoted **the** Aetna CVS National Distribution Partners Summit on “The Future of Health, Medicine, Aging and Longevity.”
 - 2022** Spoke at the Edward Jones’ Grassroots Summit in Washington, DC on “Longevity and the New Journey of Retirement.”
 - 2022** Recorded a modular guide video for Edward Jones clients and prospects on “Your New Retirement Journey.”
 - 2022** Conceived and hosted the public television special *Sages of Aging*, which aired in 180+ markets.
 - 2022** Keynoted the Targeting Metabesity 2022 conference on “Breakthroughs at the Tipping Point: The Future of Health, Medicine, Aging and Longevity.”

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- 2022** Opened the second day of the National Alzheimer's Summit with a presentation on "Breakthroughs at the Tipping Point: The Future of Health, Medicine, Aging and Longevity."
 - 2022** Keynoted the Committee on Investment of Employee Benefit Assets (CIEBA) Annual Conference on "The Age Wave: How Longevity Transforms the Marketplace, the Workplace and Our Lives."
 - 2022** Keynoted the Securities Industry and Financial Markets Association (SIFMA) Annual Conference along with the Chair-Elect, Ken Cella, on "Longevity, COVID and the New Journey of Retirement."
 - 2022** Profiled in a cover story for *World's Leaders Magazine*.
 - 2022** Participated in a fireside chat with Chip Conley, Founder and CEO of the Modern Elder Academy, on "Radical Curiosity: Explore Magic and Purpose."
 - 2022** Presented a special session at the American Academy of Anti-Aging Medicine Longevity Fest 2022 on "Breakthroughs at the Tipping Point: The Future of Health, Medicine, Aging and Longevity."
 - 2022** Received the American Academy of Anti-Aging Medicine "Catalyst" Award for doing more than any other social scientist to activate the world to the challenges and opportunities of global aging and longevity.
 - 2023** Named one of The Medika Life Top 30 Voices Transforming Wellness for 2022/23.
 - 2023** Presented a special session at the NextMed Health conference on "Breakthroughs at the Tipping Point: The Future of Health, Medicine, Aging and Longevity."
 - 2023** Presented a General Session at the American Society on Aging's On Aging 2023 conference on "Breakthroughs at the Tipping Point: The Future of Health, Medicine, Aging and Longevity."
 - 2023** Received the American Society on Aging President's Award.
 - 2023** Delivered the keynote at the Ohio Association of Gerontology and Education event on "Breakthroughs at the Tipping Point: The Future of Health, Aging, and Longevity."
 - 2023** Oversaw the study *Resilient Choices: Trade-Offs, Adjustments, and Course Corrections to Thrive in Retirement* in partnership with Edward Jones. Served as a national media spokesperson.
 - 2023** Keynoted the Finseca Leaders and Management Program (LAMP) on "How the Longevity Revolution will Transform the Marketplace, the Workplace and Our Lives."

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- 2023** Spoke at the Edward Jones' Grassroots Summit on "Resilient Choices: Trade-Offs, Adjustments, and Course Corrections to Thrive in Retirement" in Washington DC.
 - 2023** Participated in a Fireside chat on "The Challenges and Opportunities of Longevity-- A Jewish Communal Response" with Jay Olshansky for the Jewish Federation Active Aging National Convening.
 - 2023** Participated in a Fireside chat with Maddy Dychtwald at the 20th anniversary of the What's Next Longevity Venture Summit on "The Past, Present and Future of the Longevity Market."
 - 2023** Released an updated memoir *Radical Curiosity: My Life on the Age Wave*.
 - 2023** Spoke at the Emeritus College Students of Marin 50th Anniversary celebration on "Radical Curiosity for Life."
 - 2023** Spoke at the West Coast Mindfulness Institute Human Potential Conference on "Radical Curiosity for Life."
 - 2023** Co-presented at the International Council on Active Aging Conference, Summit and Expo 2023 along with Maddy Dychtwald on "The Future of Health Wellness and Longevity: She Said, He Said."
 - 2023** Participated in a Fireside chat with Ken Stern at the Stanford Center on Longevity Century Summit 2023 on "Anticipating and Responding to the Big Changes around Retirement."
 - 2024** Presented and moderated an expert panel for the Paragon Health Institute "Long-Term Care: The Problem and The Solution" event.